



Utah Division of

Substance Abuse and Mental Health

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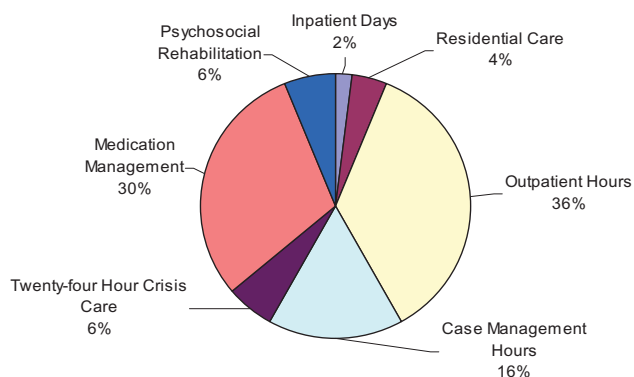
www.dsamh.utah.gov

February 2006

Adult Mental Health Services

For adults age 18 years and older, the majority of mental health services provided are case management and medication management. A variety of mental health services are available for adults, including crisis counseling, housing and homeless programs, assertive outreach teams, and nursing home programs. All programs are designed to provide treatment and support services and help people live in the community, outside of institutional care.

**Percentage of Adults Receiving Each Type of Program/Service
Fiscal Year 2005**



CRISIS COUNSELING

Twenty-four Hour Crisis Care accounts for 6% of the services provided to adults statewide. In the event of a disaster, the Division of Substance Abuse and Mental Health (DSAMH) has provided crisis counseling training and certification to 430 crisis counselors statewide. In September 2005, "Utah Reaching Out," a Utah specific program designed to provide crisis counseling to displaced Hurricane Katrina evacuees from Louisiana, was implemented. Crisis counseling is being provided to 620 Hurricane Katrina survivors statewide.

PRE-ADMISSION SCREENING/RESIDENT REVIEW (PASRR)

PASRR is a screening and review process utilized to ensure people with mental illness or developmental disabilities in Medicaid-funded nursing homes are being adequately diagnosed and treated and are not being warehoused. In addition, the program ensures that the government is not paying for long-term nursing home care of the mentally ill or developmentally disabled. In 2005, 1,584 evaluations were conducted.

TEN-YEAR PLAN TO END CHRONIC HOMELESSNESS

In March 2005, Utah adopted President Bush's ten-year plan and goal to end chronic homelessness. DSAMH is actively implementing this plan, thus working diligently toward ending chronic homelessness and alleviating the devastating impacts of homelessness on those with mental illness and substance abuse issues.

CONSUMER AFFAIRS AND COUNCIL

Mental Health Care is Consumer and Family driven—this belief is shared and supported both nationally and locally. As such, DSAMH employs a full-time Consumer Affairs Specialist, Roy Castelli, 801-538-4378. Roy is currently forming a consumer council, which will consist of representatives from 18 locations in Utah. The Utah chapter of the National Alliance on Mental Illness (NAMI) has partnered with DSAMH to sponsor the council, hosting monthly meetings at the NAMI state office. The council will be directly involved in advocacy work for the mentally ill.

Fiscal Year 2005 Quick Facts

- 29,102 adults received mental health services
- 7,901 adults received case management services—an increase of approximately 38% since 2004
- 49% of adults 66 and older who received treatment have been diagnosed with a depressive disorder (2005 DSAMH Annual Report)
- 2,344 of the chronically homeless live with mental illness, according to the 2004 homeless count through the Continuum of Care Point-in-Time Survey
- Approximately 20% of adults living in nursing homes have a psychiatric diagnosis
- Over the past four years, PASRR evaluations have increased by approximately 100 each year
- 876 housing units have been developed by CMHCs for people living with severe mental illness and co-occurring disorders